## CELEBRATION OF 7<sup>TH</sup> INTERNATIONAL DAY OF YOGA- 2021

Usharama College has celebrated the International yoga day to create awareness on the physical and mental well -being among students and staff virtually on 21/06/2021 at 9.00 am. The event was organized by the NSS unit through online program. The covid-19 protocol was followed during the practice session posters are sent to the students and staff members on social media like whatsapp, face book, instagram, and twitter. Students and staff have sent visuals of their participation to the college through whatsapp.





